



# Cheers and More Season 25-26

## All Star Tryouts

**Edmond - Saturday, May 17<sup>th</sup>**

**Norman - Sunday, May 18<sup>th</sup>**

**Edmond - 507 South Coltrane Edmond, Ok 73034**

**Norman - 3525 Wellsite Dr. Norman, Ok 73069**

	<b>Edmond – May 17<sup>th</sup></b>	<b>Norman – May 18<sup>th</sup></b>
<b>Level 1</b>	<b>9:00 am - 9:45 am</b>	<b>1:00 pm - 1:45 pm</b>
<b>Level 2</b>	<b>9:00 am - 9:45 am</b>	<b>1:00 pm - 1:45 pm</b>
<b>Level 3</b>	<b>10:00 am - 10:45 am</b>	<b>2:00 pm - 2:45 pm</b>
<b>Level 4</b>	<b>11:00 am - 11:45 am</b>	<b>3:00 pm - 3:45 pm</b>
<b>Level 5</b>	<b>12:00 pm - 12:45 pm</b>	<b>4:00 pm - 4:45 pm</b>
<b>Level 6</b>	<b>1:00 pm - 1:45 pm</b>	

Level 1	Beginning level of tumbling and cheer
Level 2	Back-handspring required
Level 3	Standing back-handspring series and round off back-tuck required
Level 4	Standing back tuck and round off layout required
Level 5	LEVEL 5 / Toe Back & standing one back-handspring to layout Round off handspring full - encouraged
Level 6	LEVEL 6 / Standing 2 back-handspring full. Standing full, three to double full, Round off specialty to full/double full etc.

### \*\* Team placement /

1. Athletes will first be evaluated on tumbling skills.
2. Step 2 we will separate by the USASF age divisions
3. Step 3 we will create stunt positions.



## What to expect during the All Star Season 25-26

**Level 1** - This is the beginning level of All Star cheer. This team will train twice a week, for 1 hour each practice. There will be minimal travel for this team. They will perform/compete at 5 to 6 competitions plus the end of season showcase. All the competitions will be held in Oklahoma.

**Level 2** - Back-handspring and round off back handspring are performed at this level. This team will train twice a week for 1.5 hours each practice. They will perform/compete at 5 to 6 competitions plus the end of season showcase. Most of the competitions will be held in Oklahoma plus one or two travel competitions in Texas or Kansas.

**Level 3** - Series of back-handsprings round off back-tuck are performed at this level. This team will train twice a week with 1 hour and 45 minutes per practice. They will perform/compete at 5 to 6 competitions plus the end of season showcase. Most of the competitions will be held in Oklahoma with a few travel competitions in Texas and/or Kansas.

**Level 4** - Standing back-tuck and round off back-handspring lay-out are performed at this level. This team will train twice a week with occasional extra practices during the season. They will compete in 5 to 6 competitions (NCA as one of the competitions) plus the end of season showcase and will consider an end of season bid event.

**Level 5**- Toe touch - back-tuck and back-handspring layout and round-off back-handspring full twist are performed at this level. This team is a highly competitive team competing at two-day events throughout the season. (NCA and Summit) They will compete in Oklahoma, Texas and Kansas plus the end of season showcase and the Summit held in Orlando, Florida.

**Level 6**- Standing back-handspring full twisting skills and running full twisting skills with double fulls are performed at this level. This team is Highly competitive and requires travel to World bid qualifying events throughout the United States. The World Championship will be held in Orlando, Florida at the end of April.



# CHEERS AND MORE ALL STAR 2025-2026

## Financial Obligations

- Monthly tuition (tuition includes monthly training, choreography, and competition fees excluding Worlds and Summit)
  - Level 1 - \$130
  - Level 2 - \$220
  - Level 3 - \$250
  - Level 4 - \$260
  - Level 5 - \$270
  - Level 6 - \$280
- Uniform payment (due June 15<sup>th</sup> and July 15<sup>th</sup>) fittings June 2-3 (includes, top and skirt)
- New Uniform – This is the year we order new uniforms. We are excited to be using Rebel Athletic this season. We keep a uniform for 2 seasons; therefore, the uniform will be for season 2025-2026 and 2026-2027. Uniforms will be distributed in October. Uniform estimated pricing is as follows:
  - Level 1 - \$250
  - Level 2,3,4,5 Youth - Junior - \$350
  - Level 4,5 Senior - \$400
  - Level 6 Worlds - \$475-\$500
  - Competition Bow - \$25 (order in August)
  - Skills camp - \$60.00 due May 19<sup>th</sup>

Additional cost / USASF membership for level.

Optional items: Backpacks, Team Practice Wear, Competition Warm-up jackets.



## ALL STAR TEAMS 2025-2026 COMPETITION SEASON SAVE THE DATES

Saturday, May 17 <sup>th</sup>	TRYOUTS in Edmond
Sunday, May 18 <sup>th</sup>	TRYOUTS in Norman
June 2 <sup>nd</sup> and 3 <sup>rd</sup>	SKILLS CAMP
June 4 <sup>th</sup> – 6 <sup>th</sup>	CHOREOGRAPHY for Levels 5 and 6
June 9 <sup>th</sup> – July 31 <sup>st</sup>	Summer Session
August 4 <sup>th</sup> – 7 <sup>th</sup>	CHOREOGRAPHY for Levels 1-4
August 11 <sup>th</sup>	Fall session begins
September 1 <sup>st</sup>	Closed for Labor Day
October TBA	Fall Break closing
November 26 <sup>th</sup> - 27 <sup>th</sup>	Closed for Thanksgiving break
December 22 <sup>nd</sup> – January 1 <sup>st</sup>	Closed for Christmas break
March 15 <sup>th</sup> – 20 <sup>th</sup>	Closed for Spring break

**Skills Camp \$60 (additional fee)** will be charged May 19<sup>th</sup>.  
Camp will be held at the Edmond Location.

June 2 <sup>nd</sup> and 3 <sup>rd</sup>	9:30am – 11:30am Level 1-2
	12:00pm – 2:00pm Level 3-4
	2:30pm – 4:30pm Level 5-6

### Tentative Choreography Dates (Price included in monthly fees)

**June 4<sup>th</sup> – 6<sup>th</sup>** Level 5 – 6 times TBA

August 4 <sup>th</sup> – 5 <sup>th</sup>	August 6 <sup>th</sup> – 7 <sup>th</sup>
Level 2 Norman Location 9:00am – 11:00am	Level 4 Norman Location 9:00 – 11:00am
Level 3 Norman Location 11:30am – 1:30pm	Level 3 Edmond Location 9:00 – 11:00am
Level 1 Norman Location 2:00pm – 3:30pm	Level 3 Youth Edmond 11:30am – 1:30pm
Level 2 Edmond Location 3:00pm – 5:00pm	Level 4 Edmond Location 3:00pm – 5:00pm
Level 1 Edmond Location 3:00pm – 4:30pm	



**Cheers and More  
All Stars  
Season 25-26**

**AGREEMENT FORM**

I agree to make the monthly payments on the first day of the month June 2025 - May 2026. Monthly payments will be automatically drafted, or a credit card must be on file.

I understand that I will pay a quitter's fee of \$300 should my athlete quit at any time during the season.

I understand that this is a team and my child's attendance is important, and all practices are required unless excused by a coach.

I understand that all competitions are required.

Name of Student \_\_\_\_\_

Signature of Parent \_\_\_\_\_

Date \_\_\_\_\_