



2019 TRYOUT INFORMATION

EVALUATION DATE & TIMES

DATE:

Saturday, May 11

TIME:

Level 1	9:00am – 9:45am
Level 2	10:00am – 10:45am
Level 3	11:00am – 11:45am
Level 4	12:00pm – 12:45pm
Level 5	1:00pm – 1:45pm

Private evaluations are available. Contact the appropriate All-Star Director to schedule.

MEMBERSHIP FEE

Cheers and More Member Fee: \$50

TRYOUT PROCESS

1. Registration: Pay \$50 gym membership fee to be turned in with completed registration packet.
2. Evaluations: Saturday, May 11th. Level skills will be evaluated for placement in workout groups.
3. Teams will be formed and athletes placed on Sunday, May 12th.

Practices begin the week of May 13th.

TUMBLING LEVELS 1-5 SKILLS

Below is a list to give an idea of skills within each level that we will be looking for at the evaluation. To try out for a particular level, at least 2 skills from that level's list are required.

LEVEL 1:

- Cartwheel and round off
- Backbend kick-over
- Back walkover
- Front walkover
- Specialty: Multiple connected skills.

LEVEL 2:

- Standing back handspring
- Back walkover back handspring
- 2 step round-off back handspring
- Round-off 3 back handsprings
- Specialty: Multiple connected skills.

LEVEL 3:

- Standing 3 back handsprings
- Jump to back handspring
- Punch front
- 2 step RO BHS Tuck
- RO 3 BHS Tuck
- Specialty: Multiple connected skills to tuck

LEVEL 4:

- Standing back tuck
- Jump to back handspring back tuck
- Standing 2 BHS to a layout
- Standing whip pass
- 2 step RO BHS layout
- Running whip pass
- Specialty: Multiple connected skills to layout

LEVEL 5:

- 4 jumps to standing back tuck
- Standing back handspring(s) full
- Standing back handsprings double full
- Standing full
- 2 step RO BHS full
- RO back handspring double full
- Specialty: Connected skills to full or double



2019 - 2020 ALL-STAR INFORMATION

MONTHLY CHARGES

Monthly dues include: tuition, regional and nationals competition fees, choreography, routine music, skills camp and extra practices.

Gym Membership Fee: A commitment fee of \$50 due with the registration packet that includes a team t-shirt.

DESCRIPTION	CHARGES	MONTHLY FEE SCHEDULE
LEVELS 1 – 2	\$195	JUNE 2019 – APRIL 2020
LEVELS 3 – 4	\$230	JUNE 2019 – APRIL 2020
LEVEL 5	\$250	JUNE 2019 – APRIL 2020
LEVELS 1 – 5	\$110	MAY 2020

OTHER COSTS

DESCRIPTION	CHARGES	MONTHLY FEE SCHEDULE
USASF MEMBERSHIP FEE	\$35	DUE BY JULY 1 ST
UNIFORM LEVELS 1 - 2	\$300**	DUE BY JULY 1 ST
UNIFORM LEVELS 3 - 5	\$400**	DUE BY JULY 1 ST
TEAM BAGS (optional)	\$75	DUE BY AUGUST 1 ST

**The 2019-2020 uniforms will remain the same as the last season and pre-owned uniforms may be purchased at the seller's discretion.

Other costs incurred are approximate prices based on last season and may vary slightly. Additional competition costs and coaches fees for The Summit, The Open, The US Finals and Worlds are not included and will be determined once the teams get their bids.